

Summer Solstice Moon Beach Yoga!



W/ April McEwan

Wednesday - June 21st

7:00pm - 8:00pm

The gardens are blooming, and summer is in full swing. Fire up the Tapas, engage your bandhas, and enjoy the celebrations of Midsummer! Also called Litha, this summer solstice Sabbat honors the longest day of the year. Take advantage of the extra hours of daylight and spend it with us at the Coast Guard Station on East Beach!